



38TH ANNUAL · 2026 MEET INFORMATION

MARATHON CROSS COUNTRY INVITATIONAL

Saturday, October 17, 2026 · Appleby Elementary School, Marathon, NY

Upon arrival, please follow the directions of the parking attendant. Coaches may pick up maps and race packets in the elementary cafeteria upon arrival or at the coaches' meeting. The course map is on page 2 and driving directions are on page 3.

SCHEDULE OF EVENTS

TIME	RACE	ENTRIES
8:45	<i>General information posted in the cafeteria</i>	
9:15	Modified Girls (Small)	Unlimited
9:35	Modified Boys (Large)	Unlimited
9:55	Modified Girls (Large)	Unlimited
10:15	Modified Boys (Small)	Unlimited
10:35	Boys Varsity Unseeded ¹	Limit of 9
11:00	Boys Varsity Seeded	Limit of 9
11:20	Girls Varsity Unseeded ¹	Limit of 9
11:50	Girls Varsity Seeded ²	Limit of 9
12:15	Boys Junior Varsity ³	Unlimited
12:40	Girls Junior Varsity ³	Unlimited

1. To enter two unseeded teams, you must have a seeded team or permission from the meet director.

2. You may run two girls' teams in the seeded race, or put your 8th runner and up in the Girls Unseeded race.

3. To enter a JV team you must have a seeded or unseeded team racing, or permission from the meet director.

REGISTRATION

To allow us to continue offering a quality meet, the total number of participating schools is limited to 50. Entries are accepted on a first-come, first-served basis.

AWARDS

TEAM AWARDS

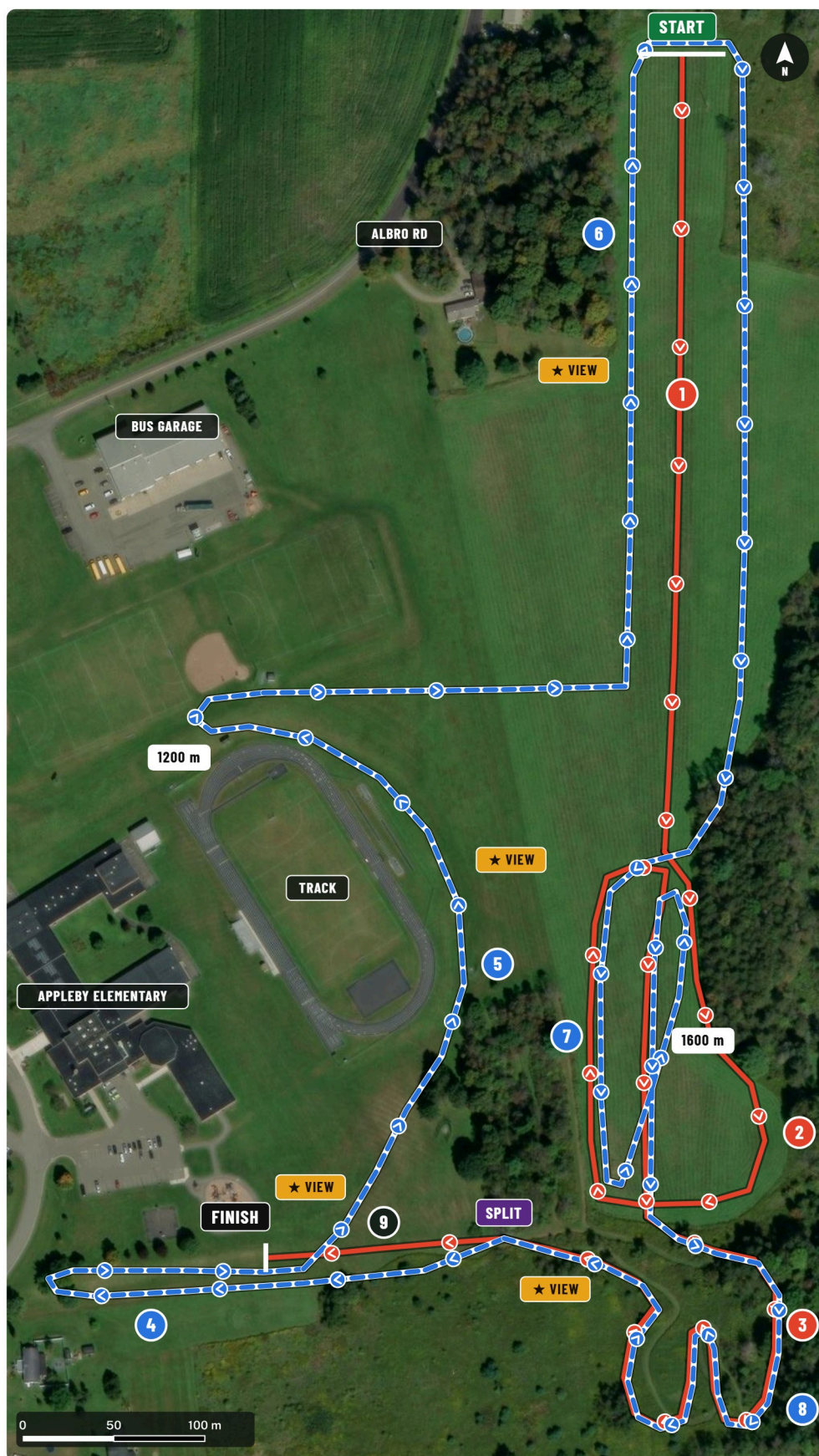
- Team plaques, places 1–3, in the Modified, JV and Unseeded races
- Seeded races: team plaques, places 1–3, in two divisions (Small and Large), and places 1–5 overall
- Varsity coed team plaques, places 1–3 (combined total time of the top 3 boys and top 3 girls)
- Spirit & Sportsmanship plaque, by coaches' vote, with 14 shirts to the winning team (team must be present at the awards ceremony)

INDIVIDUAL AWARDS, EVERY RACE

- Plaques to the top 5 in all races
- T-shirts to the top 10 in all Modified, JV and Unseeded races, and the top 20 in Seeded races
- Elite patches to the top 10 in all Modified and Unseeded races, and the top 20 in Seeded races
- Souvenir patches to places 11–50 in all Modified and Unseeded races, places 1–50 in JV races, and places 21–50 in Seeded races

INVITATIONAL COURSE MAP

William Appleby Elementary
24 Albro Rd, Marathon, NY 13803



WHO RUNS WHAT

Jr. High: loop 1 only: steps 1, 2, 3, then 9 to the finish.

JV & Varsity: loop 1, then loop 2: all steps 1 to 9.

KEY

— Loop 1 (all races)

- - - Loop 2 (JV & Varsity)

START FINISH

SPLIT Jr. High to finish; JV/V start loop 2

★ VIEW Good spot to watch

COURSE WALK

- 1 Start straight**
Box start at the north end of the mown strip; long straight south.
- 2 Field loop**
Down the east side, across the south end, up the west edge, down the middle.
- 3 Meadow trails**
Narrow mown trail around the east side and a tight hairpin, back to the split.
- 4 West out-and-back**
Along the south lawn below the playground, turn, and back past the finish.
- 5 Around the track**
Up the east side of the track and around its north end, past the 1200 m sign.
- 6 Strip, second time**
North up the west edge of the strip, across the top, south down the east edge.
- 7 Field loop again**
West side down, up the diagonal past the 1600 m sign, down the middle.
- 8 Meadow trails again**
Same trails and hairpin, back to the split.
- 9 Run-in**
From the split, straight west to the finish chute.

Route traced from the official course map onto Esri aerial imagery (© Esri, Maxar, Earthstar Geographics). Follow course markings on race day.

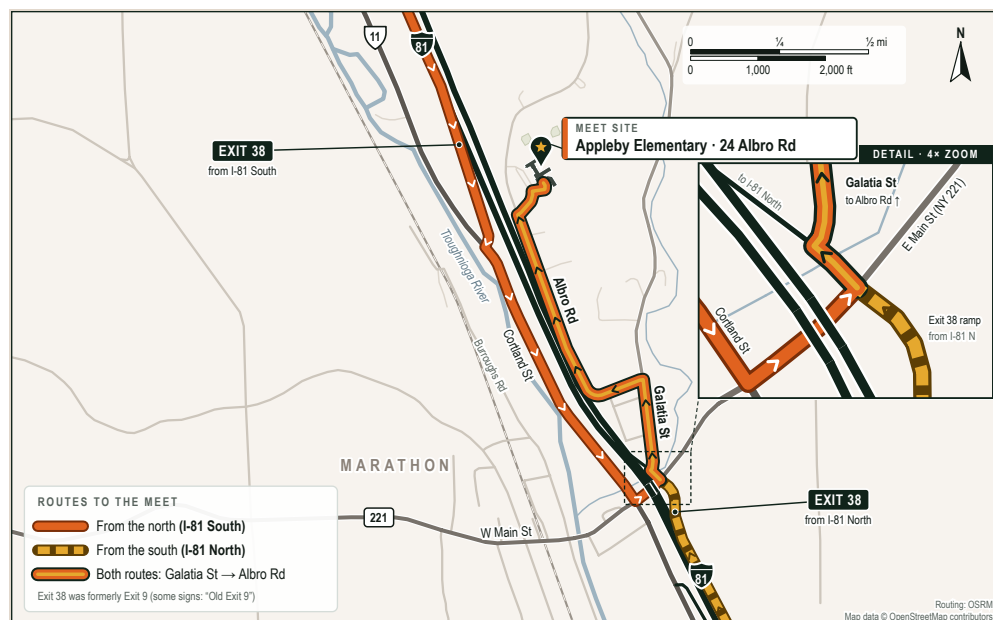


38TH ANNUAL · DRIVING DIRECTIONS

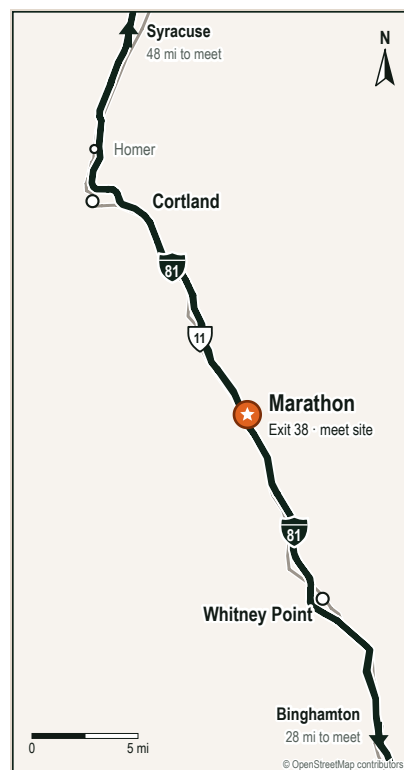
GETTING TO APPLEBY ELEMENTARY

24 Albro Road, Marathon, NY 13803 · use this address in your GPS

Marathon is I-81 **Exit 38** (some signs still say "Old Exit 9"). When you arrive, follow the directions of the parking attendant.



From Exit 38 to the school. Map data © OpenStreetMap contributors.



Where Marathon is on I-81.

FROM THE NORTH

SYRACUSE, CORTLAND

1. Take I-81 South to Exit 38, Marathon (US 11 / NY 221).
2. At the end of the ramp, turn left onto US 11 and go about 0.8 mile into the village.
3. At the traffic light, turn left onto East Main Street (NY 221) and go under I-81. In about 500 feet, at the I-81 ramps, turn left. In about 200 feet, turn right onto Galatia Street. Do not go straight onto the I-81 North ramp.
4. In 0.3 mile, turn left onto Albro Road. Appleby Elementary is 0.7 mile ahead on the right.

FROM THE SOUTH

BINGHAMTON, WHITNEY POINT

1. Take I-81 North to Exit 38, Marathon (US 11 / NY 221).
2. At the end of the ramp, go straight across East Main Street (NY 221). In about 200 feet, turn right onto Galatia Street. Do not go straight onto the I-81 North ramp.
3. In 0.3 mile, turn left onto Albro Road. Appleby Elementary is 0.7 mile ahead on the right.